



Basic Needs and Self-Actualization of Baek Kang-Hyeok in the Korean Drama *The Trauma Code: Heroes on Call*

Lailatun Nadifah^{1*}, Fafi Inayatillah²

^{1,2}Prodi Pendidikan Bahasa dan Sastra Indonesia, Universitas Negeri Surabaya, Jawa Timur, Indonesia

*E-mail: lailatun.22011@mhs.unesa.ac.id

ABSTRACT

The purpose of this study is to analyze Baek Kang-Hyeok's basic needs and self-actualization needs, as well as to motivate the surrounding community when fulfilling these needs, from the most basic to the fulfillment of self-actualization needs. Basic needs are indicated by physiological needs, safety needs, belonging needs, and esteem needs. Furthermore, higher needs are the self-actualization needs of Baek Kang-Hyeok in the Korean drama "The Trauma Code: Heroes on Call," using Abraham Maslow's theory (1954). This research method uses descriptive qualitative research with data sources from the Korean drama "The Trauma Code: Heroes on Call." The research data consists of words, scene documentation, and sentences. Data collection techniques include preparing data sources, listening techniques, documentation techniques, note-taking techniques, grouping data, coding, and data reduction. The results show Baek Kang-Hyeok's achievement in basic physiological needs such as food, drink, shelter, and sleep. Safety needs include physical safety, freedom from fear or worry, security in having a job and a steady salary. He also needs a sense of belonging to colleagues who assist him during surgery. Esteem needs include success, self-confidence, fame, status, and recognition. Self-actualization needs include empathy, helpfulness, a medical profession that saves patients, talents or hobbies, and problem-solving skills. Once basic needs and self-actualization are met, a person will demonstrate psychological stability, leading to motivation to fulfill higher-order needs and become a better person. This study recommends further research related to Abraham Maslow's theory in the context of fulfilling basic needs and self-actualization in the realms of work, well-being, mental health, and social needs.

Keywords: basic needs, self-actualization, character, drama

Kebutuhan Dasar dan Aktualisasi Diri Tokoh Baek Kang-Hyeok pada Drama Korea *The Trauma Code: Heroes on Call*

ABSTRAK

Tujuan penelitian ini untuk menganalisis kebutuhan dasar dan kebutuhan aktualisasi diri Baek Kang-Hyeok serta menjadi motivasi masyarakat sekitar ketika memenuhi kebutuhan dari yang paling dasar sampai pada pemenuhan kebutuhan aktualisasi diri. Kebutuhan dasar ditunjukkan melalui kebutuhan fisiologis, kebutuhan rasa aman, kebutuhan rasa memiliki, dan kebutuhan penghargaan. Lalu kebutuhan tinggi adalah kebutuhan aktualisasi diri tokoh Baek Kang-Hyeok pada drama Korea *The Trauma Code: Heroes on Call* menggunakan teori Abraham Maslow (1954). Metode penelitian ini menggunakan deskriptif kualitatif dengan sumber data berupa drama Korea *The Trauma Code: Heroes on Call*. Data penelitian berupa kata-kata, dokumentasi adegan, kalimat. Teknik pengumpulan data dengan mempersiapkan sumber data, teknik menyimak, teknik dokumentasi, teknik catat, mengelompokkan data, memberi kode, dan mereduksi data. Hasil penelitian menunjukkan ketercapaian Baek Kang-Hyeok dalam kebutuhan dasar fisiologis berupa makan, minum, tempat tinggal, dan tidur. Kebutuhan rasa aman meliputi aman fisik, bebas dari rasa takut atau khawatir, aman ketika memiliki pekerjaan dan gaji tetap. Kebutuhan rasa memiliki rekan kerja yang membantunya saat tindakan operasi. Kebutuhan penghargaan meliputi kesuksesan, percaya diri, ketenaran, status, dan pengakuan. Kebutuhan aktualisasi diri berupa empati, suka menolong, profesi dokter yang menyelamatkan pasien, bakat atau hobi, cara mengatasi masalah. Setelah kebutuhan dasar dan aktualisasi diri tercapai, seseorang akan menunjukkan kestabilan psikologi sehingga muncul motivasi untuk memenuhi kebutuhan yang paling tinggi dan menjadi pribadi yang lebih baik. Penelitian ini merekomendasikan penelitian lanjutan terkait teori Abraham Maslow pada konteks terpenuhi kebutuhan dasar dan aktualisasi diri pada ranah dunia kerja, kesejahteraan, kesehatan mental, dan kebutuhan sosial.

Kata kunci : drama Korea, kebutuhan aktualisasi diri, kebutuhan dasar, teori Abraham Maslow

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INTRODUCTION

One of the phenomena that has attracted the attention of Indonesians is Korean dramas, many of whom enjoy Korean dramas and make them their favorite dramas. This is reinforced by Hasya's opinion (2023) according to the Jakpat "2022 Indonesia Mobile Entertainment and Social Media Trends" survey, which shows that Indonesians' favorite films, dramas, and series come from South Korea, with 72% being favorites among the millennial generation. Through this data, it can be concluded that Korean dramas attract attention and are liked by Indonesians, especially the millennial generation. Korean dramas are presented through in-depth storylines and are reinforced by complex characters, making Korean dramas entertaining, providing a picture that human life is reflected in the things in the drama. Several researchers have conducted extensive character analysis related to Abraham Maslow's theory, namely the hierarchy of needs. This study will discuss Baek Kang-Hyeok's profession as a doctor who fulfills basic needs and self-actualization. This research is related to the medical system in South Korea. A doctor's profession involves very long working hours. This is also evidenced by Lee (2021), who stated that surgeons in South Korean hospitals average 71 hours a week. This is not only due to their scheduled work hours but also to the constant presence of emergency calls. This opinion explains that doctors in South Korea have busy working hours, face a lot of pressure, and face an increasing number of patients. The Korean drama "The Trauma Code: Heroes on Call" also depicts the busy and long working hours of doctors.

The Korean drama "The Trauma Code: Heroes on Call" tells the story of an orthopedic traumatologist named Baek Kang-Hyeok, who is accustomed to handling emergency situations. This doctor differs from other doctors because he is highly skilled at performing surgeries, completing them in a very short time, and resolving complex cases, thus building Baek Kang-Hyeok's self-confidence. Essentially, humans will fulfill their needs, from the most basic to the highest level in

the hierarchy of needs. The title of this research "Basic Needs and Self-Actualization of the Character Baek Kang-Hyeok in the Korean Drama The Trauma Code: Heroes on Call - A Study of Abraham Maslow's Theory" is a basis for understanding the human process of fulfilling needs from the most basic to the highest.

The characters of the characters and the literary world are related to real life that occurs in humans. This is reinforced by the opinion of Minderop (2016), Kasrizal & Elmustian (2025) that the characters display traits and behaviors related to the psyche and psychological experiences or conflicts experienced by humans in real life. This statement refers to characters in dramas, novels, and other literary works whose behavior and conflicts reflect the real life experienced by humans. Wallek and Warren (in Andari, 2019; Elmustian & Jalil, 2015) explain that literary psychology views literary works as a form of events that occur in human life and are played by fictional characters. Based on this statement, literary psychology is concluded as a literary work that involves fictional characters in playing their roles and is related to humans in real life. Meanwhile, Astuti et al., (2016), Raihan & Damayanti (2024), and Diana (2016) state that literary psychology is an approach that starts from the lives of the characters if in the fictional world supported by characters and characterizations created by the author, but the opinion of Ahmadi (2015) and Elmustian & Setiawati (2025) psychology cannot be separated from literature and vice versa that literature cannot be separated from psychology which is in fact the theories that exist in psychology cannot be separated from literary contributions. Thus, it can be concluded that psychology and literature complement each other and are needed to provide understanding through characters in the fictional world with human characters in real life.

According to Setiana (2017), Damayanti (2022), Fitrah & Elmustian (2025) a character is an actor who supports the author's story, and characterization is the characteristics that support the character so that the story appears more realistic



and alive. In contrast, Prinada (2025) argues that characters are divided according to their level of importance: the main character who has a significant role and the supporting character who functions as an addition or complement to the story. Characterization is used by the author to convey a person's character so that readers can understand the character's nature. Usually, the character and character in this character reflect the true nature of humans in real life. Therefore, it is concluded that a character more depicts the actor who plays a literary work, while characterization is a character that reflects the true nature of humans. According to Prinada (2025), characterization can be categorized into two: through analytical techniques that directly describe the character's characteristics, and secondly, dramatic techniques, characterization in novels that do not write the nature or character directly but through the perspective and interaction with other characters.

Fulfillment of needs, if properly met, naturally motivates individuals to fulfill other, higher-level needs (Nasution, 2023). This opinion explains that humans fulfill basic needs first, then, if satisfied, continue with higher-level needs, thus motivating them to fulfill the next needs. Human happiness is inseparable from human efforts to fulfill their hierarchy of needs, which will motivate each individual to realize it. This is reinforced by the opinion (Cherry, 2024) that Maslow is interested in learning about what makes people happy and what they do to achieve that aim. This quote means that Maslow is more interested in learning about what makes people happy and what they do to achieve that goal.

Abraham Maslow's theory is identical to the pyramid that describes basic needs and the need for self-actualization. In his book *Motivation and Personality* (1954), needs based on Abraham Maslow's theory consist of 1) physiological, namely food, drink, clothing, shelter, sleep, 2) Safety needs can be exemplified when someone feels safe when having savings, insurance, and a permanent job, safe when the environment is peaceful, physically safe, and safe through feel-

ings of anxiety, 3) belonging needs consist of aspects of connection, love, and relationships or can be interpreted as connection, love, and relationships, 4) esteem needs, namely the first desire for power, achievement, sufficiency, mastery and competence, self-confidence, independence and freedom. Second, a person must have a desire for reputation, respect, appreciation, status, fame, glory, dominance, recognition, attention, dignity from others, 5) the highest level of needs, namely self-actualization, exemplified by, for example, musicians must create music, artists must paint, poets must write, characteristics of a person that show that he has reached the stage of self-actualization. The research questions raised include: 1) What are the basic needs of the character Baek Kang-Hyeok in the Korean drama *The Trauma Code: Heroes on Call*? 2) What is the self-actualization of the character Baek Kang-Hyeok in the Korean drama *The Trauma Code: Heroes on Call*?

The benefits of this research are: 1) This research is expected to provide benefits in increasing knowledge, motivation, and insight regarding basic needs and self-actualization, aspects that include basic needs and self-actualization based on Abraham Maslow's theory. 2) This research is expected to increase understanding, description, and knowledge for other researchers in analyzing literary works such as novels, films, dramas, and so on using Abraham Maslow's theory. The purpose of this research is to describe and analyze the basic needs and self-actualization needs of Baek Kang-Hyeok in the drama *The Trauma Code: Heroes on Call* using Abraham Maslow's theory (1954).

This research refers to several previous studies that are relevant to using Abraham Maslow's theory, including research conducted by Sari (2023) on the novel *William* by Risa Saraswati, which found that the character William experienced psychological disorders due to only fulfilling basic physiological needs, Naomi's research (2020) on the novel *Dwilogi Padang Bulan* by Andrea Hirata showed that there was a struggle for the characters Enong and Ikal so that Abraham

Maslow's hierarchy of needs could be fulfilled and the conflict in fulfilling needs became a challenge for both characters. Noor's research (2019) on the novel *Pesantren Impian* by Asma Nadia provided research results that after all needs according to Maslow had been fulfilled, each character began to have motivation so that self-reflection occurred that could change the personalities of the characters, namely Rini, Ita, Ipung, Sri, Sissy, Inong, Lin. Research conducted by Hamdi & Santoso (2021) on the drama script *Sorry Wrong Number* (1943) by Lucille Fletcher showed that the main character, Agnes, had not fulfilled all her needs so that in her emotional psychology a feeling of anxiety arose. Verawati's (2018) research on Charles Dickens's novel *A Tale of Two Cities* explains the results of research on the main character, Carton, who succeeded in achieving all the needs according to Abraham Maslow. Indriani & et al.'s (2022) research on Indi Sugar's novel *Waktu Aku Sama Mika* explains the results that the main character experienced a psychological change in character from being insecure to becoming confident and having achieved all five needs according to Abraham Maslow. Of the six relevant studies, there are differences in this study, namely using data sources in the form of Korean dramas and novelty in this study, namely different aspects of findings on the basic needs and self-actualization of the character Baek Kang-Hyeok because of his profession as a doctor and supported by personality, background, and the surrounding environment that support new discoveries. In addition, this study also shows that the character Baek Kang-Hyeok in the Korean drama *The Trauma Code: Heroes on Call* has been able to reach the stage of self-actualization because his basic needs have been met.

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namely Carton, who succeeded in achieving all the needs according to Abraham Maslow. Research by Indriani & et al. (2022) on the novel "Saat Aku Sama Mika" by Indi Sugar explains that the main character experiences psychological changes, from initially lacking self-confidence to becoming self-confident and achieving all five of Abraham Maslow's needs. Of the six relevant studies, this study differs in that it uses Korean dramas as its data source, and in the novelty of this study, it differs in the findings on the basic needs and self-actualization of Baek Kang-Hyeok, due to his profession as a doctor, supported by his personality, background, and surrounding environment, which support new discoveries. Furthermore, this study also shows that Baek Kang-Hyeok in the Korean drama "The Trauma Code: Heroes on Call" has achieved self-actualization because his basic needs have been met.

METHOD

This study uses descriptive qualitative research. According to Saleh (2021), Abubakar (2021), Creswell (2008), and Razak (2017) qualitative research is a form of understanding related to the phenomena occurring in the research object, which can be seen through behavior, interests, motivations, and actions, which are described through words and images. The data studied consisted of words, dialogue, and images or documentation explaining Abraham Maslow's basic needs and self-actualization in the character Baek Kang-Hyeok, starting from his efforts to fulfill his basic needs and the stages of self-actualization of Baek Kang-Hyeok as a doctor in the Korean drama The Trauma Code: Heroes on Call. The Korean drama The Trauma Code: Heroes on Call served as the data source for this study because the researcher enjoyed the drama and every episode 1-8, which aired on January 24, 2025. The data collection techniques in this study were 1) preparing data sources, 2) watching or listening techniques, 3) documentation techniques, 4) note-taking techniques, 5) grouping data, 6) coding, 7) reducing data.

The data analysis technique involved grouping data and then analyzing it according to the problem formulation. This research uses qualitative descriptive which collects data in the form of documentation of scenes, dialogues, words in the Korean drama The Trauma Code: Heroes on Call which shows Baek Kang-Hyeok's efforts to fulfill his basic needs and Baek Kang-Hyeok's achievements at the stage of his self-actualization. The procedures carried out in data analysis are 1) interpreting the main markers that show Baek Kang-Hyeok when fulfilling his basic needs in the Korean drama The Trauma Code: Heroes on Call, 2) connecting Baek Kang-Hyeok's self-actualization needs with his achievements.

RESULT

This study focuses on the basic needs and self-actualization of the character Baek Kang-Hyeok in the Korean drama "The Trauma Code: Heroes on Call," using Abraham Maslow's theory. Baek Kang-Hyeok's basic needs consist of physiological needs, safety needs, belonging needs, and esteem needs. Self-actualization relates to Baek Kang-Hyeok's role as a doctor and can also be seen through characteristics that indicate someone has reached the stage of self-actualization.

1. Basic Physiological Needs

Data (1) depicts Baek Kang-Hyeok, who has just arrived at Hankuk University Hospital on his first day working there as a trauma surgeon. Baek Kang-Hyeok examines the surroundings of Hankuk University Hospital while sipping a drink he brought from outside the hospital. In the scene, sipping a drink represents one aspect of basic physiological needs that must be met first by humans as a means of survival. One aspect included in physiological needs is eating and drinking. The following documentation demonstrates drinking for survival.



Figure 1

Baek Kang-Hyeok drinking

Source: Researcher screenshot

Based on the initial data, it is shown that Baek Kang-Hyeok took a sip of his drink to quench his thirst. Drinking is essential for meeting this need, and Baek Kang-Hyeok demonstrated that he replenished his energy by drinking. Baek Kang-Hyeok's goal in drinking was to quench his thirst and restore his body's fluid balance. The human body is largely composed of water, therefore, the most basic physiological need is water for survival and to avoid dehydration.

Data (2)

Baek Kang-Hyeok: "I need to take a nap. No need to apologize. You just haven't found your excuse yet, not giving up on the patient. Ah, sit down. Hurry, eat slowly. Eating is also part of our job."

(KF/TTCHOC /Eps 6/00:34:32 – 00:35:10)

Based on this data, Baek Kang-Hyeok was going to bed because he felt tired that day and needed sleep to relieve his fatigue. He fulfilled his basic physiological need, namely sleep. This means that sleep is a basic physiological need that Baek Kang-Hyeok will fulfill to rest his mind and restore his energy before carrying out his profession as a doctor and seeing his patients the next morning. Sleep is an activity that allows a person to rest the body and relieve fatigue, tiredness, and exhaustion. Therefore, Baek Kang-Hyeok wants to sleep to restore all his depleted energy and be refreshed the next day. Besides sleep, there is also another basic physiological need: food. In the dia-

logue excerpt, Baek Kang-Hyeok states that eating is part of our job. This means that eating is a crucial need that must be met and this need should not be neglected, even for the sake of work. Eating is part of the job and also signifies that eating is the responsibility of every individual, including Baek Kang-Hyeok.

2. Basic Need for Safety

Data (3)

Yang Jae-Won : "Are you a doctor? Whoever you are, thank you for your help. But now, leave. This is my territory."

Baek Kang-Hyeok : "I'm not finished yet."

Yang Jae-Won : "Who are you?"

Baek Kang-Hyeok : "Starting today, I'm this hospital's trauma surgeon."

Yang Jae-Won : "No way. Ah, are you Dr. Kwon's replacement?"

Baek Kang-Hyeok : "This isn't your territory. This is mine. I'm Baek Kang-Hyeok."

(TTCHOC/Eps 1/12:46 – 13:26)

Based on this data, it is shown that Baek Kang-Hyeok is a trauma surgeon at Hankuk University Hospital. Baek Kang-Hyeok's basic need for security lies in having a permanent and stable job, namely as a doctor. Work plays an important role in having a stable income. Because by having a permanent job, Baek Kang-Hyeok can buy food, drinks, clothes, and a house with the income from his work. In addition, because Baek Kang-Hyeok works as a doctor at Hankuk University, he also receives facilities in the form of a dormitory and meals that have been provided. The basic need for security in the aspect of a permanent job that Baek Kang-Hyeok has can help the sustainability of his life. In addition, when Baek Kang-Hyeok works as a doctor, he does not need to feel anxious because his income is fixed every month. His job also guarantees and has several benefits, Baek Kang-Hyeok certainly feels secure.

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Based on this data, it is shown that Baek Kang-Hyeok is a trauma surgeon at Hankuk University Hospital. Baek Kang-Hyeok’s basic need for safety is having a permanent and stable job. As a doctor, work plays an important role in providing a stable income. Because by having a permanent job, Baek Kang-Hyeok can buy food, drinks, clothes, and a house with the income from his work. In addition, because Baek Kang-Hyeok works as a doctor at Hankuk University, he also receives facilities in the form of a dormitory and meals that have been provided. The basic need for a sense of security in the aspect of a permanent job that Baek Kang-Hyeok has can help the sustainability of his life.

Data (4)



Figure 2

Baek Kang-Hyeok on duty in a conflict-ridden country

Source: Researcher's screenshot

Based on this, it is shown that Baek Kang-Hyeok faced several individuals targeting him and carrying firearms. Baek Kang-Hyeok's basic safety needs were urgent, and he focused on physical safety under the threat. Baek Kang-Hyeok's sense of safety was met because he was protected by the car door, which, although not completely invulnerable, provided a barrier to the gunfire. Baek Kang-Hyeok also trusted his partner not to panic and not to do anything that could endanger his life. By doing so, Baek Kang-Hyeok survived and his need for physical safety was met. In this situation, Baek Kang-Hyeok relied not only on himself but also on his partner. He was confident that he would survive the threat and felt no fear, worry, or anxiety, as every problem has a solution. Baek Kang-Hyeok escaped the men with malicious intent and returned to focusing on helping the patient he was carrying in the car. Baek Kang-Hyeok's basic need for safety extends beyond physical safety to freedom from fear, anxiety, and worry.

3. The Basic Need for Belonging

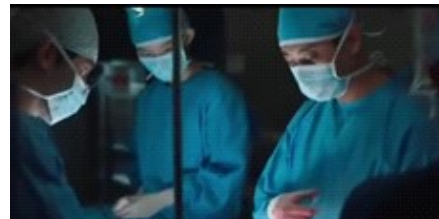


Figure 3

Baek Kang-Hyeok performing surgery with his medical colleagues

Source: Researcher's screenshot

Based on the data, Baek Kang-Hyeok performed surgery on a trauma patient with the assistance of several medical personnel. This demonstrates that Baek Kang-Hyeok had reliable colleagues during the surgery. The surgery performed by Baek Kang-Hyeok, Yang Jae-Won, the nurse, and the anesthesiologist is an example of professional teamwork. This demonstrates Baek Kang-Hyeok's sense of belonging, particularly when he has a medical team to assist him in operating on a trauma patient. Baek Kang-Hyeok has a medical

team with a common goal: saving the patient's life and supporting each other. If Baek Kang-Hyeok performed the surgery alone, it would certainly not have gone smoothly, as each medical personnel has their own expertise and works according to their respective roles. Therefore, Baek Kang-Hyeok has a medical team that helps him save the patient's life by performing the surgery and trusting in each individual's expertise.

Data (6)



Figure 4

Baek Kang-Hyeok interviewed by reporters regarding his success in saving patients

Source: Researcher screenshot

Based on the data, when Baek Kang-Hyeok was interviewed by reporters, he stated that his success in saving the three trauma patients was not solely due to himself, but also due to the intervention of several medical personnel, namely Yang Jae-Won, Han Yu-Rim, Park Gyeong-Won, and Cheon Jang-Mi. This situation stimulated Baek Kang-Hyeok's need for belonging, as he felt less alone because he had colleagues who helped and supported him. Therefore, Baek Kang-Hyeok and his medical colleagues felt united with the common goal of saving the lives of trauma patients. Baek Kang-Hyeok deeply trusted his colleagues, and in turn, his colleagues also strongly trusted Baek Kang-Hyeok's skills and performance. This need for belonging meant that Baek Kang-Hyeok and his colleagues formed a solid team and fought together to save many lives.

4. Basic Need for Esteem

Data (7)

Baek Kang-Hyeok: "You met me. You survived thanks to me."

(TTCHOC/Eps 1/00:40:30)

Based on the data quoted above, Baek Kang-Hyeok feels confident in his abilities and performance as a trauma surgeon who has saved trauma patients. In this situation, a basic need for self-esteem arises, namely self-confidence. Baek Kang-Hyeok has high self-confidence, supported by his abilities. Therefore, he is very confident because what he boasts aligns with reality. Baek Kang-Hyeok's self-confidence is one aspect of his basic need for self-esteem. Baek Kang-Hyeok's self-confidence arises from confidence in his own abilities and feeling useful to others. Therefore, Baek Kang-Hyeok's basic need for self-esteem arises from self-confidence.

Data (8)



Figure 5

Baek Kang-Hyeok was featured on TV for his success

Source: Researcher's screenshot

Based on the data, Baek Kang-Hyeok and his medical colleagues were featured on TV for successfully saving the lives of three trauma patients who were victims of the Sowol Bridge accident. The trauma surgery led by Baek Kang-Hyeok was successful, and journalists no longer doubted Baek Kang-Hyeok's abilities. Baek Kang-Hyeok successfully led the trauma surgery for the Sowol Bridge accident victims, along with his medical colleagues who assisted. This situation includes the basic need for recognition, achievement, fame, and success, which Baek Kang-Hyeok achieved. This recognition aspect can be seen through Baek Kang-Hyeok's struggle, effort, and ability, which resulted in him being able to save the lives of three patients simultaneously and earning journalists an exclusive interview. Then, regarding achievements and fame, Baek Kang-Hyeok's interview with re-

porters was reported and broadcast on television. This certainly made Baek Kang-Hyeok even more widely known for his achievements as a trauma surgeon. Furthermore, Baek Kang-Hyeok's success in saving the life of a trauma patient by performing surgery was appreciated and recognized by the public watching the broadcast, the journalists covering the incident, and other medical personnel.

5. Self-Actualization Needs

Data (9)



Figure 6
Baek Kang-Hyeok piloting a helicopter
Source: Researcher's screenshot

Baek Kang-Hyeok piloted the helicopter because the SAR team members were afraid to pilot it due to strong winds. However, Baek Kang-Hyeok took over the controls and successfully navigated the strong winds. Baek Kang-Hyeok's efforts were driven by the presence of a life-threatening victim below, and he needed to quickly rescue her. This includes the need for self-actualization, as his development of his helicopter piloting talent actually helped him save a trauma patient. Baek Kang-Hyeok's self-actualization needs stem from when his personal talent becomes a noble goal. Initially, Baek Kang-Hyeok piloting a plane may have been merely a hobby, but it actually helped him reach his destination quickly and save the patient's life in a timely manner. Furthermore, Baek Kang-Hyeok's way of thinking about the problems he faced was also very creative and responsive, even when the SAR team pilot was struggling and hesitant to take risks. But Baek Kang-Hyeok was immediately responsive and immediately shifted his seat to quickly pick up the patient, who was already accompanied by the SAR team below. This

situation shows that Baek Kang-Hyeok has reached a stage of self-actualization. The characteristics of Baek Kang-Hyeok's way of thinking and problem-solving, as well as his responsible disposition, indicate that Baek Kang-Hyeok has reached a stage of self-actualization.

Data (10)

Baek Kang-Hyeok: "Therefore, I promised myself not to give up on the patient in front of me. It may sound exaggerated. You too, find your own reason. A reason not to change even if you have to work hard like a horse and be treated like trash. This difficult and rough road is too difficult to walk without a reason." (KAD/TTCHOC /Eps 6/00:33:43)

Based on the quoted data, Baek Kang-Hyeok's words are the reason why he always continues to try to save the patient even though the patient's condition is very unlikely. Baek Kang-Hyeok's statement demonstrates a need for self-actualization, driven by a mission to achieve meaning. His words are no longer motivated by his profession as a doctor, whose duty is to save lives, but rather by his calling, a promise he made to himself. The condition of a severely traumatized patient is no longer a burden for Baek Kang-Hyeok, but rather a demonstration of his promise, and his profession as a doctor is no longer a form of self-gratification. Baek Kang-Hyeok's promise to himself also demonstrates that he lives according to the values or meaning of life: perseverance, empathy, and saving lives. Therefore, Baek Kang-Hyeok's need for self-actualization has been fulfilled.

Basic Physiological Needs (BFN) include sleep, food, drink, clothing, and shelter, such as a doctor's dormitory. Basic Safety Needs (SNF) include physical needs, freedom from fear or worry, and a steady job and salary. Basic Belonging Needs (BHN) include good relationships with medical colleagues and other coworkers. Basic Esteem Needs (Esteem Needs) include self-esteem: self-confidence, achievement, and success, and the appreciation of others: recognition, fame, status, accomplishments, and position. Self-Actualization



Needs (SNF) include trauma surgeons who save patients' lives, potential or talent in helicopter piloting, empathy, helping others, and creative thinking when solving problems.

DISCUSSION

Based on the research results, it was found that the Korean drama *The Trauma Code: Heroes on Call* in the character Baek Kang-Hyeok has basic needs and self-actualization needs that are in line with Maslow's theory (1954). Abraham Maslow's theory includes aspects of basic needs, namely physiological, security, belonging, and appreciation. Research data on basic physiological needs in the Korean drama *The Trauma Code: Heroes on Call* in the character Baek Kang-Hyeok found that his basic physiological needs were food, drink, clothing, shelter, and sleep which were in line with Maslow's theory (1954). In this research data it was also shown that Baek Kang-Hyeok's basic security needs were shown through him feeling safe when he had a permanent job, feeling safe when he had a fixed salary every month. Other data on the aspect of basic security needs were also shown through this study that Baek Kang-Hyeok was free from fear, anxiety, and worry. In addition, data was found in this study that Baek Kang-Hyeok's basic physical security needs often experienced threats but could be saved because he did not show any fear, anxiety, or restlessness. This research data found that the character Baek Kang-Hyeok in the Korean drama "The Trauma Code: Heroes on Call" is shown to have a sense of belonging, with solid colleagues who always help him when performing surgery on trauma patients. Furthermore, other data found that Baek Kang-Hyeok has friends who can protect him from threats, which is a basic need for safety. Other data on this basic need for belonging also shows that Baek Kang-Hyeok experienced rejection when he asked Doctor Yang Jae-Won to become his fellow doctor at the Trauma Center. However, Baek Kang-Hyeok tried to convince Yang Jae-Won, and his efforts were successful because the doctor even-

tually joined the Trauma Center as a fellow doctor and became a reliable colleague.

Basic Need for Esteem This research is certainly in line with Maslow's (1954) opinion because several data found indicate Baek Kang-Hyeok's need for esteem related to recognition through recognition, fame, and status from others. This research data found that Baek Kang-Hyeok also receives self-esteem through self-confidence, achievements, and competence. In the need for self-actualization of the character Baek Kang-Hyeok, it was found that Baek Kang-Hyeok as a trauma surgeon helps patients who need it and the character Baek Kang-Hyeok has characteristics that show that he has reached the stage of self-actualization, namely empathy and a desire to help or assist others, creativity when overcoming problems in everyday life, being able to think critically. The data of this study is also shown through the characteristics of Baek Kang-Hyeok when facing problems in his work environment or when performing patient surgery and he shows it with his critical thinking when facing problems. This study also demonstrates Baek Kang-Hyeok's characteristics, such as saving a patient's life and never giving up on the patient in front of him, not because of his profession as a doctor and the salary he receives for his work, but because of his promise and his calling in life. Several pieces of research data also show that Baek Kang-Hyeok has reached the stage of self-actualization in the Korean drama "The Trauma Code: Heroes on Call," which aligns with Abraham Maslow's theory (1954).

CONCLUSION

Baek Kang-Hyeok's basic physiological needs in the Korean drama "The Trauma Code: Heroes on Call" include food, drink, sleep, and clothing, which have been met. Furthermore, regarding his safety needs, Baek Kang-Hyeok is shown to feel physically secure, free from fear, anxiety, worry, and worry, and secure in his permanent job as a doctor. Baek Kang-Hyeok's basic need for belonging is demonstrated by having a reliable medical

colleague who is certainly helpful and makes things easier when treating trauma patients, and having a friend who can protect and support him. Next, his basic need for esteem is demonstrated through self-esteem, which manifests in self-confidence and success, and appreciation from others, which manifests in fame, recognition, and status related to his success as a trauma surgeon.

Furthermore, Baek Kang-Hyeok's need for self-actualization often demonstrates creativity in thinking and solving problems in his daily life. Furthermore, Baek Kang-Hyeok also develops his talents by piloting a helicopter to pick up and transport trauma patients. Furthermore, Baek Kang-Hyeok exhibits a strong sense of empathy when helping and assisting others. Baek Kang-Hyeok's need for self-actualization also demonstrates his steadfastness in his convictions. His need for self-actualization also demonstrates a mission to achieve meaning, and what he says and does is no longer driven by his profession as a doctor, whose job is to save lives, but rather by his lifelong calling, a promise he makes to himself.

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